

EarlyON

Child and Family Centre

Centre Wellington

Main Site -Melville United Church
300 St. Andrew St. W, Fergus

November 2018



We Can Help

Have questions on how your child is speaking, moving, sleeping, learning, developing, and playing?

Curious about supports in the community? Talk to one of our trained EarlyON Program Facilitators!

Raising a Healthy Happy Eater

We all want the best for our children and that includes good eating habits. Children are naturally skeptical about new food and cautious about eating it. Come to the Fergus EarlyON site (Melville Church) **November 8th at 10:00am** and meet **Terri Ney, Dietitian** from the **Upper Grand Family Health Team**. Terri will share with you how to Raise a Healthy Happy Eater!

To register for this free workshop please email:
cwoeyc@communityresourcecentre.org



Cant find us?

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www.communityresourcecentre.org

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Community Resource Centre of North & Centre Wellington



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Ask to be on our email distribution list:

lcowan@communityresourcecentre.org

Fergus FIRE HALL












For families who were unable to attend the Fire Hal trip in October, please join us on **Wednesday, Nov 7th** from **10:00-11:00 am** Please register, space is limited.





Breastfeeding Clinic

Terri Ney from the **Upper Grand Family Health Team** will be here **Fridays 2:30-3:30 pm** to support you on your breastfeeding journey. This drop-in group is for pregnant and nursing moms seeking information, assessment and general support as they navigate feeding their child from the decision on how to feed their baby to weaning.



	Tue	Wed	Thu	Fri
	<p>November Birthday?</p> <p>Let our Staff know & receive your Birthday Book!</p> 	<p>Change</p> <p>ALL Friday Playgroups in November will be at Melville EarlyON Site, NOT THE SPORTSPLEX</p>	<p>1 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose 1:30-2:30</p>	<p>2 <u>Melville Site:</u> Drop-In 9:30-11:00 Infant Massage 1:30-2:30</p> <p>Breastfeeding Café 2:30-3:30</p> 
<p>5 Fergus Playgroup 9:00-11:00 Alma Playgroup 9:30-11:00</p> <p><u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Mother Goose (A) (new session) 1:30-2:30</p>	<p>6 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Drop-In 1:30-3:00</p>	<p>7  Fergus Fire Hall 10:00-11:00</p> <p>no Belwood today</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>8 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Raising a Healthy Happy Eater 10:00-11:30</p> <p>no Toddler Time today</p> <p>Mother Goose (B) (new session) 1:30-2:30</p>	<p>9 <u>Melville Site</u> Drop-In 9:30-11:00 Infant Massage 1:30-2:30</p> <p>Breastfeeding Café 2:30-3:30</p> 
<p>12 Fergus Playgroup 9:00-11:00 Alma Playgroup 9:30-11:00</p> <p><u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Mother Goose (A) 1:30-2:30</p>	<p>13 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Drop-In 1:30-3:00</p> 	<p>14 Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>15 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose (B) 1:30-2:30</p>	<p>16 <u>Melville Site</u> Drop-In 9:30-11:00 Infant Massage 1:30-2:30</p> <p>Breastfeeding Café 2:30-3:30</p> 
<p>19 Fergus Playgroup 9:00-11:00 Alma Playgroup 9:30-11:00</p> <p><u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Mother Goose (A) 1:30-2:30</p>	<p>20 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Raising a Healthy Happy Eater 10:00-11:30</p> 	<p>21 Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>22 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose (B) 1:30-2:30</p>	<p>23 <u>Melville Site</u> Drop-In 9:30-11:00</p> <p>No Infant Massage</p> <p>Breastfeeding Café 2:30-3:30</p> 
<p>26 No Fergus today</p> <p>Alma Playgroup 9:30-11:00 <u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Mother Goose (A) 1:30-2:30</p>	<p>27 No Elora today</p> <p><u>Melville Site:</u> Drop-In 1:30-3:00</p>	<p>28 Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>29 Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose (B) 1:30-2:30</p>	<p>30 <u>Melville Site</u> Drop-In 9:30-11:00 Infant Massage 1:30-2:30</p> <p>Breastfeeding Café 2:30-3:30</p> 

Program Descriptions

Infant Massage		0-12 months	Infant Massage promotes nurturing touch and provides many benefits for your infant from birth to one year. Classes are taught by a facilitator trained by the International Association of Infant Massage. <i>New session starts November 2nd. Please Register.</i>
Baby & Me		0-12 months	Come and connect with other parents, share stories, listen to occasional guest speakers and learn new songs, rhymes and baby sign. No registration is required.
Mother Goose		0-18 months	This very popular 6 week program is designed to foster relationships between parents and their children through songs, stories and rhymes. <i>We have two new sessions starting November 5th & 8th. Please Register for either Mondays (A) or Thursdays (B).</i>
Toddler Time		12-30 months	Your toddler(s) will be kept busy with creative activities as well as a music and movement circle time. No registration is required
Drop-In		0-6 years	Come visit our EarlyON Child & Family Centre and explore, create, and grow through purposeful play in a positive learning environment. This is an open and interactive drop-in time, no registration is required!
Little Scientists		2.5-6 years	Come and enjoy the world of Science with fun and interactive experiments, exploration and more! <i>Please register</i>
Journey to Kindergarten		3-6 years	We will focus on socialization, communication, literacy, numeracy and problem-solving skills in a play-based learning environment. Parents & Caregivers will be given resources and ideas to continue the learning at home! <i>Please register</i>
Off-Site Playgroups		0-6 years	Playgroups give children and their caregivers the opportunity to enjoy learning together through play, meet new friends in the community and build new relationships! No registration is required, come and check out all of our amazing playgroups! Note: all off-site locations are listed on the back page.

PLEASE REMEMBER:

ALL EarlyON programs are PEANUT FREE!



Registration for November Programs begins October 29th

To register for Centre Wellington programs contact: cwoeyc@communityresourcecentre.org or call: 519-843-7000, press 3, then press 1

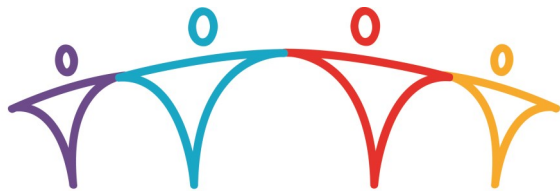


1 844 4 KIDS 11
(454-3711)

Call to access
Support and Services for
Children & Families
Guelph-Wellington-Dufferin

Check our NEW Website!

www.communityresourcecentre.org



COMMUNITY RESOURCE CENTRE
of north and centre wellington

**The County of Wellington's
Early Years Division wants
to hear your voice!**

This is an exciting year to make good things in our community even better for families with young children, and we need your help to get it right! Please take a moment to complete the survey to share your thoughts on the needs in your Community!

New EarlyON Child and Family Centres will provide a wide range of programs and services to parents/guardians and caregivers who care for children ages birth to 6 years, based on the needs of each local community. To complete the survey-please visit:

<https://www.gwearlyon.ca/en>

MONDAYS	Fergus: 9:00-11:00 a.m. at Fergus Sportsplex
	Alma: 9:30-11:00 a.m. at Alma Bible Church
TUESDAYS	Elora: 9:00-11:00 a.m. at Elora Community Centre
	Mt Forest: 9:30-11:00 a.m. at 311 Foster Street (EarlyON CFC Site)
	Palmerston: 9:30-11:00 a.m. at Palmerston Community Centre
WEDNESDAYS	Belwood: 9:00-11:00 a.m. at Belwood Lions Hall
THURSDAYS	Elora: 9:00-11:00 a.m. at Elora Community Centre
	Drayton: 9:30-11:00 a.m. at Drayton Mennonite Community Fellowship Church
	Arthur: 9:30-11:00 a.m. at Arthur Pentecostal Church
FRIDAYS	Fergus: 9:00-11:00 a.m. at Fergus Sportsplex
	Moorefield: 9:30-11:00 a.m. at Moorefield Optimist Building
	Harriston: 9:30-11:00 a.m. at Harriston Train Station

