

COMMUNITY RESOURCE CENTRE
of north and centre wellington



Child and Family Centre

Centre Wellington

Main Site -Melville United Church
300 St. Andrew St. W, Fergus

October 2018



Optometrist Marian Elder will be here talking about:



Children's Vision, A Vital Part of Healthy & Happy Development !

Join us at our Fergus
Melville site Oct. 3rd
9:30-10:30 a.m.



Breastfeeding Cafe

Terri Ney from the Upper Grand Family Health Team will be here **Fridays 2:30-3:30 pm** to support you on your breastfeeding journey. This drop-in group is for pregnant and nursing moms seeking information, assessment and general support as they navigate feeding their child from the decision on how to feed their baby to weaning.

Make Your Own Baby Food

We are offering this Nutrition Workshop in collaboration with Terri Ney from the Upper Grand Family Health Team at the Melville EarlyON CFC site on **October 17th 1:00-2:30 & Thursday, October 18th 1:30-3:00**



Cant find us?

Like us on Facebook:

Community Resource Centre of
North & Centre Wellington

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www.communityresourcecentre.org

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lcowan@communityresourcecentre.org

Fergus

FIRE HALL

Join us for a trip to the Fergus
Fire Hall

Friday, October 19th

10:00 to 11:00

Please register, space is limited.



HALLOWEEN PARTY

Join us for our annual
Family Halloween Party!

Tuesday, October 30th

9:00 to 11:00 a.m.

Elora Community Centre

Everyone is invited to
dress in costume!






Please bring a nut free snack to share. It will be a fun morning with Halloween activities for all!



Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>Fergus Playgroup 9:00-11:00 Alma Playgroup 9:30-11:00</p> <p><u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Bonjour Mes Amis 1:30-3:00</p>	<p>2</p> <p>Elora Playgroup 9:00-11:00</p> <p>Woodland Explorer 1:30-2:30</p> <p>Check it out!</p>	<p>3</p> <p>Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Guest Speaker Children's Vision 9:30-10:30</p> 	<p>4</p> <p>Woodland Explorer 9:30-11:00</p> <p>Change</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose 1:30-2:30</p>	<p>5</p> <p>Fergus Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Little Scientists 9:30-11:00 Infant Massage 1:30-2:30 Breastfeeding Café 2:30-3:30</p>
<p>8</p> <p>EarlyON CFC Closed Today</p>  <p>Happy Thanksgiving</p>	<p>9</p> <p>Elora Playgroup 9:00-11:00</p> <p>Woodland Explorer 1:30-2:30</p>	<p>10</p> <p>Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Artastic 1:30-3:00</p>	<p>11</p> <p>Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose 1:30-2:30</p>	<p>12</p> <p>Fergus Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Little Scientists 9:30-11:00 Infant Massage 1:30-2:30 Breastfeeding Café 2:30-3:30</p>
<p>15</p> <p>Fergus Playgroup 9:00-11:00 Alma Playgroup 9:30-11:00</p> <p><u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Bonjour Mes Amis 1:30-3:00</p>	<p>16</p> <p>Woodland Explorer 9:30—11:00</p> <p><u>Melville Site:</u> Drop In 1:30—3:00</p> <p>Change</p>	<p>17</p> <p>Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Make Your Own Baby Food Workshop 1:00-2:30 (no Artastic today)</p> <p>Change</p>	<p>18</p> <p>Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Make Your Own Baby Food Workshop 1:30-3:00</p>	<p>19</p> <p>Fergus Fire Hall 10:00-11:00</p> <p><u>Melville Site:</u> Infant Massage 1:30-2:30 Breastfeeding Café 2:30-3:30</p> <p>Change</p>
<p>22</p> <p>No Fergus Playgroup Today</p> <p>Alma Playgroup 9:30-11:00 <u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Bonjour Mes Amis 1:30-3:00</p>	<p>23</p> <p>Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Woodland Explorer 1:30-2:30</p>	<p>24</p> <p>Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Artastic 1:30-3:00</p> <p>Check it out!</p>	<p>25</p> <p>Elora Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Toddler Time 9:30-11:00 Mother Goose 1:30-2:30</p>	<p>26</p> <p>Fergus Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Little Scientists 9:30-11:00 Breastfeeding Café 2:30-3:30</p>
<p>29</p> <p>Fergus Playgroup 9:00-11:00 Alma Playgroup 9:30-11:00</p> <p><u>Melville Site:</u> Journey to Kindergarten 9:30-11:00 Bonjour Mes Amis 1:30-3:00</p>	<p>30</p> <p>Halloween Party at Elora Playgroup 9:00-11:00</p> 	<p>31</p> <p>Belwood Playgroup 9:00-11:00</p> <p><u>Melville Site:</u> Baby & Me 9:30-11:00 Artastic 1:30-3:00</p>	<p>PLEASE REMEMBER:</p>  <p>ALL EarlyON programs are PEANUT FREE!</p>	

Program Descriptions



Infant Massage		0-12 months	Infant Massage promotes nurturing touch and provides many benefits for your infant from birth to one year. Classes are taught by a facilitator trained by the International Association of Infant Massage. Please Register.
Baby & Me		0-15 months	Come and connect with other parents, share stories, listen to occasional guest speakers and learn new songs, rhymes and baby sign. No registration is required.
Mother Goose		0-18 months	This very popular 6 week program is designed to foster relationships between parents and their children through songs, stories and rhymes. Please Register.
Toddler Time		12-30 months	Your toddler(s) will be kept busy with creative activities as well as a music and movement circle time. No registration is required
Drop In		0-6 years	Come visit our EarlyON Child & Family Centre and explore, create, and grow through purposeful play in a positive learning environment. This is an open and interactive drop-in time, no registration is required!
Woodland Explorer Meet at the Elora Cataract Trail Beatty Line & Hill St, Fergus		0-6 years	Join us to play, explore, discover and learn in a natural environment. Your Children will gain new perspectives, improve concentration, and knowledge all while enjoying the fresh air. In the event of inclement weather the program will be moved to Melville.
Artastic		2-6 years	This program is an introduction to different art mediums, fine motor skill development, and provides an opportunity for children to express themselves in creative ways! Please register
Little Scientists		2.5-6 years	Come and enjoy the world of Science with fun an interactive experiments, exploration and more! Please register
Journey to Kindergarten		3-6 years	We will focus on socialization, communication, literacy, numeracy and problem-solving skills in a play-based learning environment. Parents & Caregivers will be given resources and ideas to continue the learning at home! Please register
Bonjour Mes Amis		2.5-6 years	This preschool program will introduce children to the French language. Through fun activities children will learn basic vocabulary, counting and songs.
Off-Site Playgroups		0-6 years	Playgroups give children and their caregivers the opportunity to enjoy learning together through play, meet new friends in the community and build new relationships! No registration is required, come and check out all of our amazing playgroups! Note: all off-site locations are listed on the back page.

**Registration for October programs begins on
September 24th!**

To register for Centre Wellington programs contact:

cwoeyc@communityresourcecentre.org

or call: 519-843-7000, press 3, then press 1

Join us for Playgroup!

Please remember to bring a pair of indoor shoes for your child(ren). The arena floors can be slippery for sock feet.

Please enjoy your snack at the designated tables, if you don't know where these designated tables are located, just ask our EarlyON Staff!

Some of our friends attending programs have allergies, we also have crawling infants that could pick food up if not eaten in the designated area.

When your child\children have finished snack please clear your table so others have a clear space to enjoy their snack!

All snacks brought to group must be PEANUT FREE.



The Difference between Toys and Loose Parts

Toys are typically one-dimensional and have a specific purpose. Once children master them, they lose interest and may stop playing with them. A car will always be a car, a house will always be a house.

Loose parts are open ended and when children play with an object they experience the item in a unique way. The 'affordances' of loose parts allow children to give meaning and use to the object. They are in full control of the possibilities.



We're always looking for different loose parts to introduce to our sites. We welcome any donations!

MONDAYS	Fergus: 9:00-11:00 a.m. at Fergus Sportsplex
	Alma: 9:30-11:00 a.m. at Alma Bible Church
	Fergus: 1:30-3:00 p.m. Woodland Explorers at the Elora Cataract Trail (Beatty Line & Hill St.)
TUESDAYS	Elora: 9:00-11:00 a.m. at Elora Community Centre
	Mt Forest: 9:30-11:00 a.m. at 311 Foster Street (EarlyON Site)
	Palmerston: 9:30-11:00 a.m. at Palmerston Community Centre
WEDNESDAYS	Belwood: 9:00-11:00 a.m. at Belwood Lions Hall
THURSDAYS	Elora: 9:00-11:00 a.m. at Elora Community Centre
	Drayton: 9:30-11:00 a.m. at Drayton Mennonite Community Fellowship Church
	Arthur: 9:30-11:00 a.m. at Arthur Pentecostal Church
FRIDAYS	Fergus: 9:00-11:00 a.m. at Fergus Sportsplex
	Moorefield: 9:30-11:00 a.m. at Moorefield Optimist Building
	Harriston: 9:30-11:00 a.m. at Harriston Train Station

