

COMMUNITY RESOURCE CENTRE  
of north and centre wellington



Child and Family Centre

## North Wellington

Main Site-311 Foster Street

Mount Forest, ON

## October 2018



### Healthy Eating Workshop

A Dietitian from the Minto-Mapleton Family Health Team will be visiting our Moorefield Playgroup **Friday, October 26th**



### Wellington North Fire Department Visit!

The Fire Department will be visiting our Arthur playgroup on **October 4th.**



We will be discussing fire safety and prevention, and they are showing us some of the equipment they use!

**We look forward to seeing you!**

### Cant find us?

Visit us at:

[www.communityresourcecentre.org](http://www.communityresourcecentre.org)

Like us on Facebook:

Community Resource Centre of North & Centre Wellington



Follow us on Twitter:

@OurCRC



Follow us on Instagram:

Community\_resourcecentre



Ask to be on our email distribution list:

[lcowan@communityresourcecentre.org](mailto:lcowan@communityresourcecentre.org)

### Halloween Costume Parties!

You are welcome to come dressed in your Halloween costumes at our EarlyON









**Palmerston & Mount Forest Playgroups on October 30th.**

### Did you know?

We have a book and toy lending library located at our main site in Mount Forest. Ask an EarlyON Facilitator for more information!



Mon	Tue	Wed	Thu	Fri
<p>1 Alma Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Toddler Time 9:30-11:00 Baby Picasso 1:30-3:00</p>	<p>2 Palmerston Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Mount Forest Playgroup 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>3</p> <p><u>EarlyON Site:</u> <b>Drop-In</b> <b>Cancelled today</b></p>	<p>4 <b>Fire Department visits</b> <b>Arthur Playgroup</b> Drayton and Arthur Playgroup 9:30-11:00</p>  <p><u>EarlyON Site:</u> Cooking with Kids 1:30-3:00</p>	<p>5 Harriston &amp; Moorefield Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Drop-in 1:30-3:00</p>
<p>8 <b>EarlyON CFC Closed</b></p> 	<p>9 Palmerston Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Mount Forest Playgroup 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>10 <b>Saugeen Valley</b> <b>2:15-3:15</b></p> <p><u>EarlyON Site:</u> Drop-In 1:30-3:00</p>	<p>11 Drayton and Arthur Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Cooking with Kids 1:30-3:00</p>	<p>12 Harriston &amp; Moorefield Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Drop-in 1:30-3:00</p>
<p>15 Alma Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Toddler Time 9:30-11:00 Baby Picasso 1:30-3:00</p>	<p>16 Palmerston Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Mount Forest Playgroup 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>17</p> <p><u>EarlyON Site:</u> Drop-In 1:30-3:00</p>	<p>18 Drayton and Arthur Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Cooking with Kids 1:30-3:00</p>	<p>19 Harriston &amp; Moorefield Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Drop-in 1:30-3:00</p>
<p>22 Alma Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Toddler Time 9:30-11:00 Baby Picasso 1:30-3:00</p>	<p>23 Palmerston Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Mount Forest Playgroup 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>24 <b>Royal Terrace</b> <b>2:15-3:15</b></p> <p><u>EarlyON Site:</u> Drop-In 1:30-3:00</p> 	<p>25 Drayton and Arthur Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Cooking with Kids 1:30-3:00</p>	<p>26 <b>Dietitian visits</b> <b>Moorefield playgroup</b> Harriston &amp; Moorefield Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Drop-in 1:30-3:00</p> 
<p>29 Alma Playgroup 9:30-11:00</p> <p><u>EarlyON Site:</u> Toddler Time 9:30-11:00 Baby Picasso 1:30-3:00</p>	<p>30 Palmerston Playgroup 9:30-11:00</p> <p><u>EarlyOn Site:</u> Mount Forest Playgroup 9:30-11:00 Little Scientists 1:30-3:00</p>	<p>31</p> <p><u>EarlyON Site:</u> Drop-In 1:30-3:00</p> 	<p><b>October Birthday?</b></p> <p>Let our Staff know &amp; receive your Birthday Book!</p> 	

# Program Descriptions



<b>Toddler Time</b>	18 months-2.5 Years	Each week toddlers will have the opportunities to develop independent and social skills while participating in fun activities including crafts, sensory, dramatic play and an interactive circle time.
<b>Little Scientists</b>	2-6 Years	Come and enjoy the world of Science with fun an interactive experiments, exploration and more! <b>Please register</b>
<b>Cooking with Kids</b>	2-6 Years	This fun cooking class develops your child's skills and confidence in preparing healthy food. Items from all food groups will be safely introduced and prepared by the children. We will peel, chop, mash, stir, measure, and so much more. Their five senses will be involved in an exciting way! Please register, space is limited!
<b>Baby Picasso</b>	0-18 months	Come on out and join us as we explore sensory and craft ideas for little ones. This is a great chance to create amazing memories or keepsakes, and play and connect with other parents and babies!
<b>Saugeen Valley &amp; Royal Terrace Intergenerational</b>	0-6 years	Intergenerational programs have much value for all individuals involved and society as a whole. We will be experiencing art activities, songs and stories together with our friends! <b>Please note: we ask that you be cautious not to bring any illness with you!</b>
<b>Drop-In</b>	0-6 years	Come visit our EarlyON Child & Family Centre and explore, create, choose and grow through purposeful play in a positive learning environment. Enjoy crafts, fun activities, sensory play and our reading centre. This is an open and interactive drop-in time, no registration is required!
<b>Off-Site Playgroups</b>	0-6 Years	Playgroups give children and their caregivers the opportunity to enjoy learn together through play, meet new friends in the community and build new relationships! No registration is required, come and check out all of our amazing playgroups! Note: all off-site locations are listed on the back page.



**PLEASE REMEMBER:**

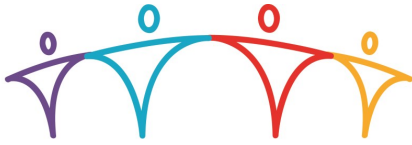
**ALL EarlyON programs are  
PEANUT FREE!**

## Registration for October Programs begins September 24th!

To register for North Wellington programs

contact: [lstroeder@communityresourcecentre.org](mailto:lstroeder@communityresourcecentre.org)

or call: 519-509-2726



COMMUNITY RESOURCE CENTRE  
of north and centre wellington

We are a Community Benefit Organization providing services and programming for families and individuals. We're dedicated to responding to the needs of families and individuals while promoting self-sufficiency and a sense of community.



We do this by providing the following:

- Outreach & Support Services
- EarlyON Child & Family Centre
- Licensed Child Care
- Transportation Services

## The Difference between Toys and Loose Parts

Toys are typically one-dimensional and have a specific purpose. Once children master them, they lose interest and may stop playing with them. A car will always be a car, a house will always be a house.



Loose parts are open ended and when children play with an object they experience the item in a unique way. The 'affordances' of loose parts allow children to give meaning and use to the object. They are in full control of the possibilities.



**We're always looking for different loose parts to introduce to our sites. We welcome any donations!**

**Some examples of loose parts are:**

wood/tree stumps, material, sheets, curtains, ropes and string, pipes and gutters, carpet tubes, tires

<b>MONDAYS</b>	<b>Fergus:</b> 9:00-11:00 a.m. at Fergus Sportsplex
	<b>Alma:</b> 9:30-11:00 a.m. at Alma Bible Church
<b>TUESDAYS</b>	<b>Elora:</b> 9:00-11:00 a.m. at Elora Community Centre
	<b>Mt Forest:</b> 9:30-11:00 a.m. at 311 Foster Street (OEYC Site)
	<b>Palmerston:</b> 9:30-11:00 a.m. at Palmerston Community Centre
<b>WEDNESDAYS</b>	<b>Belwood:</b> 9:00-11:00 a.m. at Belwood Lions Hall
<b>THURSDAYS</b>	<b>Elora:</b> 9:00-11:00 a.m. at Elora Community Centre
	<b>Drayton:</b> 9:30-11:00 a.m. at Drayton Mennonite Community Fellowship Church
	<b>Arthur:</b> 9:30-11:00 a.m. at Arthur Pentecostal Church
<b>FRIDAYS</b>	<b>Fergus:</b> 9:00-11:00 a.m. at Fergus Sportsplex
	<b>Moorefield:</b> 9:30-11:00 a.m. at Moorefield Optimist Building
	<b>Harriston:</b> 9:30-11:00 a.m. at Harriston Train Station

